

**Welcome to the Member Practice Update**

<http://education.worcestershire.nhs.uk/weekly-brief/31-may-2019/>

This weekly member practice update is produced by NHS Redditch and Bromsgrove, NHS South Worcestershire and NHS Wyre Forest Clinical Commissioning Groups for circulation in your practice, to provide you with essential guidance, information and useful support.

Your views and feedback are very much appreciated. If you have any comments, suggestions or contributions for inclusion in the Member Practice Bulletin, please e-mail the [communications team](#).

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Find out about local and national events and training [here](#).

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## Promoting Clinical Excellence Update

Discussions with PCE Clinical Advisors and Alliance Boards around proposed changes to PCE 19\20 are now complete and the draft specification is now with the LMC for commenting upon. The draft will then be shared with all practices with comments back to the LMC by 17th June at latest. This will give us time to consider the response and make any changes for final approval by the Primary Care Commissioning Committee Meetings in Common on 25th June and to go through these at the Practice meeting on the afternoon of the 25th.

Thank you for your on-going patience.

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## General Practice Nursing Strategy for Herefordshire and Worcestershire

Herefordshire and Worcestershire CCGs have developed a [General Practice Nursing \(GPN\) strategy](#) in conjunction with stakeholders across the STP in order to provide a robust process to implement national recommendations and outline a vision for primary care nursing in Herefordshire and Worcestershire. The Herefordshire and Worcestershire Primary Care Commissioning Committee ratified this strategy on 22 May.

The General Practice Nursing (GPN) strategy is a response to the “General Practice – Developing confidence, capability and capacity: A ten point plan for General Practice Nursing” (NHSE 2017) and outlines national, regional and local drivers with six strategic aims for our Herefordshire and Worcestershire geography which makes up our Sustainability & Transformation Partnership (STP) footprint. Our six strategic aims cover a wide range of General Practice Nursing (GPN) training themes and success is reliant on working collaboratively with stakeholders to deliver the objectives. The strategy is aligned to the NHS Long Term Plan published in January 2019, and the GP Framework Investment and evolution: *A five-year framework for GP contract reform to implement The NHS Long Term Plan*.

We have engaged with a range of stakeholders throughout the development of the strategy, alongside regional, and national policies and frameworks. We have also used local intelligence from our STP Workforce Survey.

**Outlined below is a summary of progress against the six strategic objectives;**

<p><b>Nursing apprentice programmes are embedded within primary care</b></p>	<p>From August – December 2018 there was an increase from 0 to 1 Healthcare Assistant (HCA) apprentice.</p> <p>With NHS England funding, the Training Hub will incentivise 4 GP practices to have HCA apprenticeships and identify challenges and solutions for wider learning.</p> <p>Additional capacity provided to the Training Hub through Worcestershire Health and Care Trust with resource to support a Nurse Associate (NAs) programme. Up to 3 practices committed to embarking up to 6 NAs on training starting by September 2019.</p>
<p><b>Practice Nurse roles routinely include Practice Supervisor and Assessor functions</b></p>	<p>3 GPN Mentors in place working with University of Worcester to support nurses in GP practices with change in Nursing and Midwifery Council (NMC) education and assessment standards.</p>
<p><b>Preceptorship programmes are embedded across practices</b></p>	<p>Pilot supported with Health Education England funding through LWAB to train 8 practice and community nurses together. This project is in mobilisation phase and out for expressions of interest, with a start date of September 2019.</p>
<p><b>Return to Practice programmes are embedded across practices</b></p>	<p>From May 2019 Worcestershire CCGs Practice Nurse lead will be working with the Training Hub to scope and lead the Return to Practice programme across the STP.</p>
<p><b>CPD programmes are delivered locally in partnership with STP stakeholders</b></p>	<p>STP-wide programme of nurse training agreed with practice managers/CCG lead nurses across STP, facilitated by Training Hub.</p>
<p><b>Develop a standardised approach to advanced clinical practice education and mentorship</b></p>	<p>Recognise there is a requirement to address across STP.</p>

The strategy's progress will be measured and reviewed in line with the CCGs General Practice Forward View Workforce Plan, and new Primary Care Strategy.

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## **MSK Transformation Programme / Functional Restoration Services to be available for WF and R&B patients from 3rd June**

Supporting the new community MSK pathway which went live in January, patients in Wyre Forest and Redditch and Bromsgrove will benefit from Functional Restoration Services; to be available via the MSK Single Point of Access from Monday 3rd June. The Functional Restoration Services, delivered by healthcare rm, has a proven track record and has been operating in South Worcestershire for several years. It's divided into two programmes; The Functional Restoration Service (FRS) and Functional Restoration Programme (FRP). The two programmes offer the ability to meet the requirements for those patients who require 1 to 1 support and those who will benefit from a group programme. The service is delivered by a multidisciplinary team consisting of Consultant Orthopaedic Physician, Cognitive Behavioural Therapist and Physiotherapists with access to exercise professionals and Nutritionists.

### **Core objectives of the services are to:**

- Provide effective services to reduce the development of persistent (chronic) musculoskeletal pain syndromes
- Provide physical, lifestyle, psychological and behavioural interventions that support patients and their carers to develop individual strategies to manage their pain, enabling them to lead more normal lives with reduced disability
- Work effectively within the integrated community MSK pathway for maximum patient benefit avoiding unnecessary secondary care interventions or repeat out-patient attendances

### **Access to functional Restoration Service**

Referrals to both programmes will be made via the MSK Single Point of Access and can be made by self-referral, GP's, Physiotherapy, Advanced Physiotherapy Practitioners and consultants.

All assessments will be carried out at healthcare rm's premises at Barbourne Medical Centre. Group Programme sessions will run from Perdiswell Leisure Centre. Both premises are situated in Worcester. At this time it is not possible to run sessions across the county.

### **Please use the links below to access the following documents:**

1. [Information leaflet for Patients](#)
2. [GP information explaining Functional Restoration Services](#)
3. [STarT Back Tool](#)

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## **\*New\* MSK Referral Templates**

Through the MSK Collaborative a new MSK referral template has been created which will negate the need for condition specific templates to be completed. This template, launched earlier this year in Redditch and Bromsgrove and Wyre Forest practices, supporting their new MSK Single Point of Access, has now been reviewed and revised following feedback from practices. To ensure consistency in documentation across the county, the MSK Collaborative has agreed that the revised generic MSK referral template(s) should be rolled out across the county. To this end, we have included links to the new EMIS templates below for loading onto practice systems. To avoid any confusion, please do ensure that all previous MSK referral templates are removed from your systems.

Within the referral template there is reference to the [STarT Back tool](#). This scoring will help physiotherapists group patients into the three categories of risk of poor outcome and thus help to signpost patients appropriately. Although not compulsory, we would encourage that patients are directed to completing the STarT Back tool and attaching this to the MSK referral.

**Please click the appropriate link below to download and save the New MSK EMIS referral template ready for importing to EMIS.**

**(\*Note you will not be able to view the form until you import it into EMIS)**

- [Redditch & Bromsgrove / Wyre Forest Practices Referral Template](#)
  - [South Worcestershire Practices Referral Template](#)
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## **Changes to Paediatric Phlebotomy services based at the Alexandra Hospital**

The Children's clinic at the Alexandra Hospital Redditch moved into the outpatients department from its previous accommodation on inpatient ward 1 in January 2019. This move was undertaken to release an additional inpatient ward and increase the number of inpatient beds at the Alexandra Hospital site. The new dedicated Children's outpatient area now operates over 3 days, improving utilisation of the available clinic space with the existing Children's clinics. This has resulted in the children's phlebotomy service also running over 3 days in line with the availability of the Children's nursing team.

The clinic is open on a Monday, Tuesday and Thursday from 8.30am to 5pm. Phlebotomy attendances are by appointment only, walk-ins cannot be accommodated. Parents and carers can leave a message on an answer machine (Tel 01527 512758) if the clinic is not running and this will be picked up by the clinic team when they are back in; the clinic team will then make an appointment for the child when the clinic is in operation.

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## **Single point of referrals for admission to Primrose IPU - Bromsgrove**

**Please disseminate to colleagues referring patients into Primrose IPU/palliative care**

As part of our ongoing service improvement program at The Primrose Unit we have introduced a direct referral contact phone number to simplify the referral process and to enhance efficiency. From Tuesday 28th May 2019 please phone 07596 331 211 if you wish to discuss a possible admission to the Primrose Unit.

Referrals can be made between the hours of 8am and 3pm Monday to Friday. Outside of these hours, calls will be diverted to a voicemail service and will be returned the next working day (8am-3pm). Please note, calls may be diverted during the 8am-3pm period if the line is already being used to discuss another referral and we will return the call at our earliest opportunity.

If you have any questions or require further information please contact Jamie Yeomans, Ward Manager via [jamie.yeomans1@nhs.net](mailto:jamie.yeomans1@nhs.net).

[A poster to promote this change is available here](#), please display this up in staff areas.

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## Are you prepared for the big changes in QOF 2019?

Dr Simon Clay is a GP in Birmingham with a long-standing interest in the QOF.

Simon has compiled a suite of information, including a narrated PowerPoint & other material to help practices understand the implications & requirements.

**The URL with all the information is here: [www.tinyurl.com/QOF2019USB](http://www.tinyurl.com/QOF2019USB)**

A cut down version of the PowerPoint with its narration is available for you to watch & listen to here if you would like. (After download, you may need to click on "Open with" & the choose Microsoft PowerPoint. You would need PowerPoint on your computer to play the audio.)

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## Prescribing Top Tip

Medicines Commissioning News May Issue is now available, [download it here](#).

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## NHS Finance For General Practice - 2019 Future Focused Finance Regional Events

Following the successful NHS finance events held at the end of 2018 for General Practice Managers, part of the work programme that aims to improve financial knowledge across primary care, we have confirmed another four dates this year that will be hosted in Leeds, Birmingham, London and the South West.

**The events are aimed at an audience of general practice colleagues who are involved in finance** and want to learn more about how NHS finance works in England. Delegates will have the opportunity to attend practical workshops on finance processes, enabling them to take learnings back to their organisations, plus they will also be able to get involved in interactive and discussion-led sessions throughout the day.

The events are free to attend and will take place approx. 09:30 - 15:30. To book a place, please choose an event below using the following link and register on the event page:

[Thursday 6th June - Birmingham](#)

Any questions then email [futurefocusedfinance@nhs.net](mailto:futurefocusedfinance@nhs.net)

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## Parkrun Practice Initiative

In an exciting and innovative initiative, the RCGP is collaborating with parkrun UK to promote the health and wellbeing of staff and patients. Under this initiative, GP practices across the UK are encouraged to develop close links with their local parkrun to become parkrun practices.

## **What is parkrun?**

- Free, weekly 5k events, every Saturday morning, in areas of open space
- 2k junior parkruns for 4-14 year olds and their families on Sunday mornings
- Over 850 locations across the UK
- Organised by local volunteer teams
- Walk, run, jog, volunteer or spectate - take part in any way that suits you
- Open to all, including those who are inactive or have health conditions or disabilities
- Opportunity to socialise, make friends and be part of a welcoming, supportive community

## **Involvement in this initiative will help practices:**

- Improve the health and wellbeing of practice staff
- Improve the health and wellbeing of patients and carers, reducing the need for lifelong medication
- Raise awareness amongst the parkrun community of services that practices provide
- Contribute to the development of a local community and environment that is centred around wellness generation
- Support the UK-wide movement to scale up social prescribing activities

To register as a parkrun practice, and for resources, please visit: [r1.dotdigital-pages.com/p/49LX-52M/parkrunpractice](https://r1.dotdigital-pages.com/p/49LX-52M/parkrunpractice)

Are you a parkrun practice already? Please let us know [sowoccg.primarycare@nhs.net](mailto:sowoccg.primarycare@nhs.net)